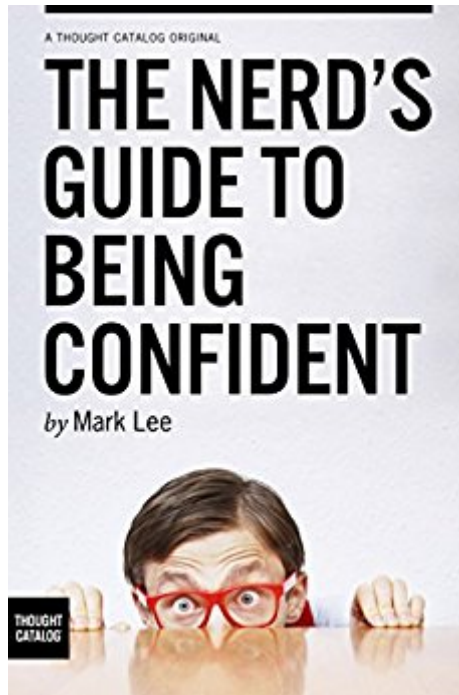


The book was found

The Nerd's Guide To Being Confident



Synopsis

Everyone knows confidence when they see it; but seemingly no one can actually describe what goes into it or how to get it. The Nerd's Guide to Being Confident is an unconventional way of looking at one of the most basic and obvious human traits and what one can do to gain a little more of it without feeling like a phony. Laughter included.

Book Information

File Size: 2274 KB

Print Length: 63 pages

Simultaneous Device Usage: Unlimited

Publisher: Thought Catalog (July 23, 2013)

Publication Date: July 23, 2013

Sold by:Â Digital Services LLC

Language: English

ASIN: B00IFXHQVU

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #246,115 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #26

inÂ Kindle Store > Kindle eBooks > Nonfiction > Self-Help > Inner Child #34 inÂ Books > Self-Help > Inner Child #516 inÂ Kindle Store > Kindle Short Reads > 90 minutes (44-64 pages) > Self-Help

Customer Reviews

There's some nuggets of good advice in this, though you've probably read most of it a million times via self help listicles. Unfortunately its sheer lack of mention re: women except as something men need to be confident to gain is a little off-putting for female nerds such as myself. I got about halfway through before I got tired of learning how to be confident enough to approach women, and of reading scenarios entirely about and directed entirely to men.

Well, I must admit I really liked the author original book Models but I am perplexed by this book. The name would lead you to believe that it has a formula to help you to be more confident but it basically talks about a couple of different psychological principles and concepts that may indirect be related

to being more confident. It does not provide a step-by-step guide or blueprint for becoming more confident the way Models do to help you with women. It's more like a collection of short essays on different but somewhat related modes of thinking. For example, the author tells you to be more grateful in life but he does not explain how that will actually improve your self-confidence. He writes about various metaphysical concepts like having two minds and how this is a very common in Asian philosophies but again there is no direct correlation to how this will improve your self-confidence. I felt like I was reading the wrong book for this title.

[Download to continue reading...](#)

The Nerd's Guide to Being Confident Swift Programming: The Big Nerd Ranch Guide (Big Nerd Ranch Guides) iOS Programming: The Big Nerd Ranch Guide (5th Edition) (Big Nerd Ranch Guides) iOS Programming: The Big Nerd Ranch Guide (Big Nerd Ranch Guides) Swift Programming: The Big Nerd Ranch Guide (2nd Edition) (Big Nerd Ranch Guides) Objective-C Programming: The Big Nerd Ranch Guide (2nd Edition) (Big Nerd Ranch Guides) Jo Frost's Confident Toddler Care: The Ultimate Guide to The Toddler Years (Jo Frost's Confident Care) Social Anxiety: Overcome Shyness, Anxiety, Introvert, Low Self Esteem & How To be Confident ((BONUS Inside)Overcome Any Fear, Feel Confident, Strong, Overcome Shyness) Android Programming: The Big Nerd Ranch Guide Android Programming: The Big Nerd Ranch Guide (2nd Edition) Word Nerd Eight-Wheeled Freedom: The Derby Nerd's Short History of Flat Track Roller Derby Breaking Seas: An Overweight, Middle-Aged Computer Nerd Buys His First Boat, Quits His Job, and Sails Off to Adventure Cheated & Deafeated: Mistress Harley's How To Gambling Guide: Stop being a loser & start being less of a loser (Cheated & Defated Book 1) Stop Being the String Along: A Relationship Guide to Being THE ONE Gem Identification Made Easy 5/E: A Hands-On Guide to More Confident Buying & Selling Riding Horses - How to Guide, Learn to Feel Balanced and Confident in the Saddle The A to Z Guide to Raising Happy, Confident Kids Confident Powerboating: Mastering Skills and Avoiding Troubles Afloat The Butterfly Effect: A New Approach to Raising Happy, Confident Teen Girls

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)